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# THE 10<sup>th</sup> ANNUAL CONFERENCE

"Preventing Deaths & Damages from Heart Attacks"

## SHAKEHEART 2026

14 June 2026 | Conrad Hotel, Dubai, UAE



**Dr. Brajesh Mittal**  
Chairman and Organising Secretary

PEPO Event Management, Dubai, UAE | T: +971 4 2833655 | E: shakeheart@pepoevents.com

### PROGRAM AGENDA

14<sup>th</sup> June 2026 | 09:00 AM – 6:30 PM

8:30 – 8:55 AM	REGISTRATION & WELCOME COFFEE
8:55 – 9:00 AM	INTRODUCTION & WELCOME

9:00 – 10:00 am	<b>SESSION – 1</b> "Setting the Stage"
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**Session Director:** Dr. Brajesh Mittal, UAE  
**Chairpersons / Moderators:** | Dr. P.K. Gupta, India | Dr. Mridula Dhakad UAE | Dr. Jairam Aithal, UAE

TIME	TOPIC	SPEAKER
09.00 – 09.15 am	Expanding the Horizon of Cardiovascular Prevention: Inflammation, Metabolism, and Beyond	<b>Dr. P.K. Gupta</b> Consultant Cardiologist Professor & HOD – Cardiology, Shri Aurobindo Institute of Medical Science, India
09.15 – 09.30 am	Connected Cardiology: Telemedicine, Remote Monitoring, and Wearable Devices	<b>Dr. Amir Faour</b> Consultant Interventional Cardiologist, Medcare Hospital Dubai, UAE
09.30 – 09.45 am	Transforming Medicine through AI: A Silicon Valley Perspective	<b>Prof. Peter J Fitzgerald</b> Professor of Medicine and Engineering Director for CV Technology Stanford School of Medicine, USA
09.45 – 10.00 am	<b>Discussion</b>	

10:00 – 11:00 am	<b>Session – 2</b> "Beyond the Coronaries"
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**Session Director:** Dr. A. Srinivas Kumar  
**Chairpersons / Moderators:** Dr. Ajit Jain, India | Dr. Ghazi Radeidah, UAE | Dr. Sameer S. Diwale, UAE

10.00 – 10.15 am	Smarter Interventions, Better Lives: The Promise of Precision PCI	<b>Dr. Praveen Chandra</b> Cardiologist and Chairman Interventional Cardiology Medanta, Gurugram, India
10.15 – 10.30 am	TAVI and Mitraclip: Setting New Trends in Valve Therapies	<b>Dr. A. Srinivas Kumar</b> Founder Director: FACTS Foundation and TCT India, Chairman Cardiac Sciences, Apollo Hyderabad, India



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10.30 – 10.45 am	Breaking the Clot: Catheter-Based Solutions for Acute Pulmonary Embolism	<b>Prof. Petr Kala</b> Head Department of Internal Medicine & Cardiology University Hospital Brno, Czech Republic
10.45 – 11.00 am	<b>Discussion</b>	

<b>11:00 – 11:30 am</b>	<b>COFFEE BREAK</b>
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11:30 – 12:00 pm	<b>Session – 3</b> <b>Highlighted Lecture- Optimum Antianginal Therapy</b>	
<b>Session Director:</b> Dr. Praphul Mishra, UAE <b>Chairpersons / Moderator</b> Dr. Fekry El Deeb, UAE   Dr. Georgie Thomas, UAE   Dr. Sachin Upadhyaya, UAE		
11.30 – 11.50 am	From Bench to Bedside: The Evolving Evidence Base for Ranolazine in Angina Management	<b>Dr. Srinath Kidambi</b> Consultant in the Cardiology Division Sheikh Shakhbout Medical City (SSMC), UAE

11:50 – 12:10 PM	<b>Session – 4</b> <b>Highlighted Lecture- Optimum LDL Management</b>	
<b>Session Director:</b>   Praphul Mishra, UAE <b>Chairpersons / Moderators:</b> Dr. Fekry El Deeb, UAE   Dr. Georgie Thomas, UAE   Dr. Sachin Upadhyaya, UAE		
11:50 – 12:10 pm	From Bench to Bedside: The Role of Evolocumab in Achieving Ultra-Low LDL-C Targets	<b>Dr. Brajesh Mittal</b> Medical Director Consultant Interventional Cardiologist, Head of Cardiology, Medcare Hospital, Chairman SHAKE, Dubai, UAE

12:10 – 12:30 pm	<b>Session – 5</b> <b>Highlighted Lecture- ARB for Hypertension</b>	
<b>Session Director:</b> Dr. Rajesh Raipancholia <b>Chairpersons / Moderators:</b> Dr. Abdulla Al Hajiri, UAE   Dr. Ajit Jain, India   Dr. Unnikrishnan Nair, UAE		



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12:10 – 12:30 pm	Revisiting Telmisartan: Efficacy, Safety, and the Metabolic Edge in Hypertension	<b>Dr. Thair Khuziem, UAE</b> Interventional Cardiologist Fujairah Hospital, Fujairah, UAE
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12:30 – 01:00 PM	<b>Session – 6</b> <b>"Reimagining Healthcare"</b>	
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**Session Director:** Dr. Rajesh Raipancholia  
**Chairpersons / Moderators:** Dr. Abdulla Al Hajiri, UAE | Dr. Ajit Jain, India | Dr. Unnikrishnan Nair, UAE

12:30 – 12:42 pm	Reimagining Healthcare- Her Heart, Her Data: Do We Need Female-Specific Guidelines in the Age of AI?	<b>Dr. Layla Al Marzooqi</b> Consultant Cardiologist King's College Hospital London Dubai, UAE
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12:42 – 12:54 pm	Reimagining Healthcare- Are We Ready for Doctorless Care?	<b>Reenita Das</b> Senior VP and Partner, Transformational Health, Frost and Sullivan, USA
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12:54 – 01:00 pm	<b>Discussion</b>	
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1:00 – 02:30 pm	<b>Opening Ceremony</b> <b>Followed by the Lunch</b>	
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02:30 – 02:50 PM	<b>Session – 7</b> <b>Highlighted Lecture- Dyslipidemia Management</b>	
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**Session Director:** Dr. P.K Gupta, India  
**Chairpersons / Moderator:** Dr. Salvin George, UAE | Dr. V.K. Misra, UAE | Dr. Georgey Koshy, UAE Dr.

02:30 – 02:50 pm	Dyslipidemia Management in 2026: Evidence, Targets, and Therapeutic Strategies	<b>Dr. Abdul Jabbar</b> Consultant Internal Medicine- Endocrinology Medcare Hospital, Dubai, UAE
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02:50 – 3.40 PM	<b>Session – 8</b> <b>"Miscellaneous Issues" - 1</b>	
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**Session Director:** Prof. Petar J. Fitzgerald, USA  
**Chairpersons / Moderators:** Dr. Tamkeen Kinah, UAE | Dr. Fatemeh Nabavizadeh, UAE | Dr. Murli Krishna



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02:50 – 03:05 pm	Resistant Hypertension: Existing and Emerging Therapies	<b>Dr Amrish Agrawal</b> Senior Consultant Cardiologist. Fujairah Hospital, UAE
03:05 – 03:20 pm	Revolution in Diabetes Management: From Prevention to Remission	TBA
03:20 – 03:35 pm	Tough Calls in ACS	<b>Dr. Rajeev Lochan</b> Consultant Interventional Cardiologist, Al Zahra Hospital, Dubai, UAE
03:35 – 03:40 pm	<b>Discussion</b>	

03:40 – 04:40 PM	<b>Session – 9</b> <b>"Miscellaneous Issues" - 2</b>
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**Session Director:** Prof. Petar J. Fitzgerald, USA  
**Chairpersons / Moderators:** Dr. Tamkeen Kinah, UAE | Dr. Fatemeh Nabavizadeh, UAE | Dr. Murli Krishna, | UAE Dr. Georgey Koshy, UAE | Dr. Heyman Lucraz

03.40 – 03.52 pm	Cardiogenic Shock in 2026: Evidence, Algorithms, and Advanced Support	<b>Dr. Georgie Thomas</b> Consultant Interventional Cardiologist, Burjeel Hospital Abu Dhabi, UAE
03.52 – 04.04 pm	Peripheral Artery Disease: An Underrecognized Driver of Cardiovascular Morbidity and Mortality	<b>Dr. Abhay Nigam</b> Specialist Physician - Internal Medicine, Al Zahrawi Hospital, Ras Al Khaimah, U.A.E
04:04 – 04:16 pm	Biomarkers in heart failure: from diagnosis to precision risk stratification	<b>Dr. Yogeewari V S</b> Specialist Cardiologist Medcare Royal Hospital Dubai, UAE
04:16 – 04:28 pm		

04:40 – 05:40 pm	<b>Session – 10</b> <b>"Para-cardiology"</b>
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**Session Director:**  
**Chairpersons / Moderators:** Dr. Praphul Mishra, UAE | Dr. Sunder, UAE | Dr. Rupesh Singh, UAE



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04:40 – 04:52 pm	Dual SGLT1/2 Inhibition with Sotagliflozin: The Next Step in Heart Failure Management	<b>Dr. Rupesh Singh</b> Interventional Cardiologist Medcare Hospital Sharjah, UAE
04:52 – 05:04 pm	Micro and Nano Particles- Unrecognized Risk Factors for Cardiovascular Disease	<b>Dr. Virendra Kumar Misra</b> Specialist Cardiologist Burjeel, Reem Island, UAE
05:04 – 05:16 pm	Shots for the Heart: Why Vaccines Matter in Cardiovascular Disease	<b>Dr. Rajeev Gupta</b> Consultant Cardiologist Emirates International Hospital, Al Ain, UAE
05:16 – 05:28 pm	COVID-19 and the Heart: Myths and Realities	<b>Dr. Ajit Jain</b> Cardiothoracic Surgeon Ex Covid Nodal Officer New Delhi, India
05:28 – 05:40 pm	<b>Discussion</b>	

05:40 – 06:30 pm	<b>Session – 11</b> <b>Keynote Lectures</b>	
<b>Session Director:</b> Dr. Rajeev Lochan, UAE		
<b>Chairpersons / Moderators:</b>   Dr. Thair Khuziem, UAE   Dr. Rahul Chaudhary   Dr. Georgie Thomas		
05:40 – 06:00 pm	Surgeons and Interventionists- A Collegial Collaboration	<b>Dr. Fayaz Shawl</b> Director, Interventional Cardiology Washington Adventist HealthCare, USA
06:00 – 06:05 pm	<b>Discussion</b>	
06:05 – 06:25 pm	Precision Prevention in Dyslipidemia- Evolocumab in VESALIUS-CV and Olezarsen in CORE/TIMI 72 trials	<b>Dr. Robert Giugliano</b> Senior Investigator, TIMI Study Group Staff Physician Cardiovascular Division, Brigham & Women’s Hospital, Boston, MA and Professor of Medicine at Harvard Medical School, USA
06:25 – 06:30 pm	<b>Discussion</b>	
<b>Closing Ceremony</b>		

This is just a draft and outline for illustration, subject to changes