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THE **8<sup>th</sup>** ANNUAL CONFERENCE  
"Saving Deaths and Damages from Heart Attacks"  
**SHAKEHEART 2024**  
21 APRIL 2024 | DUSIT THANI  
DUBAI, UNITED ARAB EMIRATES



Chairman & Organising Secretary: Dr. Brajesh Mittal

## PROGRAM AGENDA

21 April 2024 | 09:00 AM – 6:30 PM

|   |   |   |
|---|---|---|
| 8:30 – 8:55 AM  | REGISTRATION & WELCOME COFFEE                                     |   |
| 8:55 – 9:00 AM  | INTRODUCTION & WELCOME  |   |
|   |   |   |
| 9:00 – 10:00 am   | SESSION – 1<br>Coronary Artery Disease                            |   |
| Session Director: Dr. Brajesh Mittal, UAE<br>Chairpersons / Moderators: Dr. Thair Khuziem, UAE   Dr. P.K.Gupta, India   Dr. Petar Otasevic, Serbia      |   |   |
| TIME  | TOPIC   | SPEAKER   |
| 09.00 – 09.12 am  | STEMI Care for All in 2024  | Dr. Brajesh Mittal<br>Deputy Medical Director<br>Consultant Interventional Cardiologist,<br>Head of Cardiology, Medcare Hospital,<br>Chairman SHAKE, Dubai, UAE |
| 09.12 – 09.24 am  | Challenges and Pitfalls in Ac MI Management                       | Dr. Rajeev Lochan<br>Consultant Interventional Cardiologist,<br>Al Zahra Hospital, Dubai, UAE   |
| 09.24 – 09.36 am  | Pharmacoinvasive Therapy – Is it Historical or Still has a Place? | Dr. Sunil Modi<br>Senior Consultant Interventional Cardiologist, Apollo Hospital, Delhi, India  |
| 09.36 – 09.48 am  | Chronic Coronary Disease- To Stent or Not to Stent                | Dr. Jairam Aithal<br>Consultant Interventional Cardiologists,<br>Burjeel Hospital, Abu Dhabi, UAE   |
| 09.48 – 10.00 am  | Discussion  |   |
| 10:00 – 11:00 am  | Session – 2<br>Issues in Cardiovascular Disease                   |   |
| Session Director: Dr. A. Srinivas Kumar, India<br>Chairpersons / Moderators: Dr. Georgey Koshy, UAE   Dr. Rahul Chaudhary, UAE   Dr. Sameer Diwale, UAE |   |   |
| 10.00 – 10.12 am  | Contemporary Management of Acute Pulmonary Embolism               | Dr. Atul Mathur<br>Director and Chief - Cardiac Cath Labs<br>Fortis Escorts Heart Institute,<br>New Delhi, India  |
| 10.12 – 10.24 am  | Heart Valve Interventions- a Glimpse of Rapid Advancements        | Dr. Praveen Chandra<br>Cardiologist and Chairman of Interventional Cardiology, Medanta, Gurugram, India   |
| 10.24 – 10.36 am  | Complex Coronary Artery Disease- Interventionist's Perspective    | Dr. A. Srinivas Kumar<br>Founder Director: FACTS Foundation and TCT India, Chairman Cardiac Sciences, Apollo Hyderabad, India                                   |
| 10.36- 10.48 am   | Complex Coronary Artery Disease- Surgeon's Perspective            | Dr. Gopal Bhatnagar<br>Institute Chair, Cardiothoracic Surgery, Heart, Vascular & Thoracic Institute<br>Cleveland Clinic Abu Dhabi, UAE                         |
| 10.48 – 11.00 am  | Discussion  |   |
| 11:00 – 11:30 am  | COFFEE BREAK  |   |



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| TIME  | TOPIC   | SPEAKER  |
|---|---|--|
| 11:30 – 12:00 pm  | Session – 3<br>Cardiovascular Disease and T2DM                      |  |
| Session Director: Dr. Sunil Modi, India   |   |  |
| Chairpersons / Moderators: Dr. Ajaz Yasmeen, UAE   Dr.Tamkeen Kinah, UAE          |   |  |
| 11:30 – 11:50 am  | New Approaches to Prevent and Manage CV Disease in T2DM Patients    | Prof Hussein Heshmat<br>Consultant interventional cardiologist<br>Tadawi Healthcare, Dubai, UAE                      |
| 11:50 – 12:00 pm  | Discussion  |  |
| 12:00 – 01:00 pm  | Session – 4<br>Women’s Heart  |  |
| Session Director: Dr. Layla Al Marzooqi, UAE                                      |   |  |
| Chairpersons / Moderator Dr. Chhavi Mehra, India                                  |   |  |
| 12.00 – 12.12 pm  | Women’s Heart- ‘Need Extra Care’                                    | Dr. Layla Al Marzooqi<br>Consultant Cardiologist<br>King’s College Hospital London Dubai, UAE                        |
| 12.12 – 12.24 pm  | Is Atrial Fibrillation Different in Women?                          | Dr. Marta Acerna Ramos<br>Consultant Electrophysiologist, Rashid Hospital, Dubai, UAE                                |
| 12.24 – 12.36 pm  | Pregnancy and Heart Disease   | Dr. Fatemeh Nabavizadeh<br>Consultant Cardiologist and Head of Cardiology Department<br>Emirates Hospital Dubai, UAE |
| 12.36 – 12.48 pm  | Managing Heart Failure in Women                                     | Dr. Nadya Almatrooshi<br>Staff Physician<br>Cleveland Clinic Abu Dhabi, UAE  |
| 12:48 – 01:00 pm  | Discussion  |  |
| 01:00 – 01:30 PM  | Session – 5<br>Keynote  |  |
| Session Director:   Dr. Fekry ElDeeb  |   |  |
| Chairpersons / Moderators: Dr. Rajesh Raipancholia, UAE   Dr. Georgie Thomas, UAE |   |  |
| 01:00 – 01:20 pm  | Saving Deaths and Damages from Heart Attacks: 4 Decades of Insights | Prof. Petr Kala<br>Head Department of Internal Medicine & Cardiology University Hospital Brno, Czech Republic        |
| 01:20 – 01:30 pm  | Discussion  |  |
| 1:30 – 2:30 PM  | LUNCH   |  |



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| TIME   | TOPIC   | SPEAKER   |
|--|---|---|
|  |   |   |
| 02:30 – 03:30 PM   | Session – 6<br>Heart Health                                       |   |
| Session Director: PK Gupta   |   |   |
| Chairpersons / Moderators: Dr.Tamkeen Kinah, UAE   Dr. Mohammed Asmi   Dr. Sunil Modi, India |   |   |
| 02:30 – 02:42 pm   | How Does Environmental Pollution Affect the Heart                 | Dr. P.K.Gupta<br>Consultant Cardiologist<br>Professor & HOD – Cardiology,<br>Shri Aurobindo Institute of Medical<br>Science, <b>India</b> |
| 02:42 – 02:54 pm   | Non Statin Therpies- What Else in Our Armamentarium               | Dr. V.K.Mishra<br>Senior Cardiologist<br>Burjeel Reem Island, <b>UAE</b>  |
| 02:54 – 03:06 pm   | Coronary calcium and CT angio: Screening and Beyond               | Dr.Rami Neemtallah<br>Medical Director, Cardiovascular<br>Imaging Specialist, Allied Medical<br>Center, Dubai, <b>UAE</b>                 |
| 03:06 – 03:18 pm   | Heart in Overdrive- Sympathetic Activity and Role of Betablockers | Dr. Petar Otasevic<br>Professor of Medicine Belgrade<br>University Medical School, <b>Serbia</b>  |
| 03:18 – 03:30 pm   | Discussion  |   |
| 03:30 – 04:30 PM   | Session – 7<br>Emerging Options in Diabetes and Beyond            |   |
| Session Director: Dr. Abdul Jabbar, UAE  |   |   |
| Chairpersons /Moderator: Dr. Salvin George, UAE  |   |   |
| 03:30 – 03:42 pm   | Intermittent Fasting- Fad, Fashion or Factual                     | Dr. Abdul Jabbar<br>Consultant Internal Medicine-<br>Endocrinology Medcare Hospital,<br>Dubai, <b>UAE</b>                                 |
| 03:42 – 03:54 pm   | Metabolic Syndrome and Fatty Liver Disease- Asian Conundrum       | Dr. Praveen Kumar Gupta<br>Consultant Diabetologist<br>Delhi NCR, <b>India</b>  |
| 03:54 – 04:06 pm   | Tech Driven Advancements in Diabetes Care                         | Dr. Chhavi Mehra<br>Chief Medical Officer<br>Sugar Fit Healthcare, <b>India</b>   |
| 04:06 – 04:18 pm   | SGLT2 inhibitors- Beyond Diabetes                                 | Dr. Amir Faour<br>Consultant Interventional<br>Cardiologist, Medcare Hospital<br>Dubai, <b>UAE</b>  |
| 04:18 – 04:30 pm   | Discussion  |   |





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| ME  | TOPIC   | SPEAKER   |
|---|---|---|
|   |   |   |
| 04:30 – 05:30 PM  | <b>Session – 8</b><br><b>CSI UAE @ Shakeheart 2024: Guidelines and Top trials in Cardiology</b> |   |
| <b>Session Director:</b> Dr. Rajeev Gupta, UAE  |   |   |
| <b>Chairpersons / Moderators:</b> Dr Murali Krishna, UAE   Dr Rupesh Singh. UAE,   Dr Praphul Mishra, UAE |   |   |
| 04:30 – 04:42 pm  | What is new in Heart failure ESC 2023 guidelines  | <b>Dr Amrish Agrawal</b><br>Senior Consultant Cardiologist.<br>Fujairah Hospital, <b>UAE</b>  |
| 04:42 – 04:54 pm  | AF AHA 2023 guidelines  | <b>Dr Sandeep Golcha</b><br>Specialist Interventional<br>Cardiologist, NMC Specialty<br>Hospital, <b>UAE</b>  |
| 04:54 – 05:06 pm  | Top three cardiology trial in 2023 which will affect our clinical Practice                      | <b>Dr Arun Cheriyan</b><br>Specialist Cardiologist and<br>Electrophysiologist<br>LIFE Clinic. Dubai, <b>UAE</b>   |
| 05:06 – 05:18 pm  | DM and CVD ESC guidelines   | <b>Dr Naeem Hasanfatta</b><br>Specialist Cardiologist<br>Aster Clinic, Dubai, <b>UAE</b>  |
| 05:18 – 05:30 pm  | Discussion  |   |
| 05:30 – 06:00 pm  | <b>Session – 9</b><br><b>Keynote</b>  |   |
| <b>Session Director:</b> Dr. Atul Mathur, India   |   |   |
| <b>Chairpersons / Moderators:</b> Dr. Brajesh Mittal, UAE   Dr. Rajeev Lochan, UAE                        |   |   |
| 05:30 – 05:50 pm  | High Risk PCI in Acute Coronary Syndromes: When do we need Hemodynamic Support?                 | <b>Dr. Fayaz Shawl</b><br>Director, Interventional Cardiology<br>Washington Adventist HealthCare,<br><b>USA</b>   |
| 05:50 – 06:00 pm  | Discussion  |   |
| 06:00 – 06:20 pm  | A Journey Through 40 years of TIMI Trials   | <b>Dr. Robert Giugliano</b><br>Senior Investigator,<br>TIMI Study Group Staff Physician,<br>Cardiovascular Division,<br>Brigham & Women’s Hospital,<br>Boston<br>Professor of Medicine at Harvard<br>Medical School, <b>USA</b> |
| 06:20 – 06:30 pm  | Discussion  |   |
|   | <b>Closing Ceremony</b>   |   |